




# Should You Send Them to School?

In the hurried rush of the morning it is often difficult for parents to know whether or not their children are sick enough to stay home or well enough to go to school. Below you will find some general guidelines. Please feel free to call the school nurse if you have any questions.

**Key**

Keep at Home..... 

Send to School..... 

See the Doctor..... 

## Symptoms

- Fever of 100° or above: Must be fever free for a full 24 hours before returning to school..... 
- Vomiting: May return to school 12 hours after the last episode and must be able to eat..... 
- Diarrhea (4-5 times in 24 hours): May return to school 12 hours after last episode..... 
- Ear Infection: No fever, minimal pain..... 
- Minor Cold: Runny nose, minimal cough, sneezing, sore throat..... 
- Head Lice: May return to school after one treatment and head is completely nit (egg) free..... 
- Cold Sores: ..... 
- Strep Throat: May return to school 24 hours after treatment has begun and are fever free..... 
- Undiagnosed Skin Rash: Bring a written note from the Doctor when returning to school..... 
- Conjunctivitis - "Pink Eye": may return to school 24 hours after treatment has begun..... 
- Influenza - "Flu": fever, body aches, headache, cough, sore throat.....  
- vague "I don't feel good": Come to school and we'll see what happens..... 